

*** Children & Families Assistance Programs**

Atlantic St. Family & Youth Center 206-329-2050
www.atlanticstreet.org
 Baby Boutique 206-902-4270
 Boys and Girls Club King County 425-827-0132
 Boys and Girls Sno. County 425-258-2436
www.positiveplace.org
 Big Brothers and Sisters King 206-763-9060
 Sno County 425-252-2227
 Catholic Community Services 206-323-6336
 Central Youth and Family Services 206-322-7676
[Community Voice Mail](http://cvm.org/) http://cvm.org/
 DSHS Child Support Division 1-800-526-8658
 Friends of Youth Redmond 425-869-6490
 Family Center(N)Muslim Srs group 206-364-8059
 Family Works 206-694-6727
www.familyworksseattle.org
[Well Spring Family Services](http://www.wellspringfamily.com) 206-826-3050
[Kent Youth & Family Services](http://www.kentyouth.org) 253-859-0300
 Multi Service Center 253-838-6810
 Solid Ground www.solid-ground.org 206-694-6700
 Youth Care www.youthcare.org 1-800-495-7802
 WIC + <http://parenthelp123.org/> 1-800-322-2588

*** Community Services Assistance**

Call 211 for any information you may need
 American Friends Service Committee 206-632-0500
<http://www.afsc.org>
 Church Council of Greater Seattle 206-525-1213
<http://thechurchcouncil.org/>
[Community Voice Mail Springwire](http://www.springwire.com) 206-694-6771
 Hope-link <http://www.hope-link.org/> 425-869-6000
 Emergency Services 425-869-6027
 KITH (Eastside) 425-576-9531
 Salvation Army (North) 425-259-8129
www.the Salvation Army.org Seattle 206-447-9944
 Solid Ground (FPA) 206-694-6700
 St Vincent De Paul (North) 425-355-3504 X3
 Seattle 206-767-6449
 Volunteers of America (North) 425-259-3192
www.voaww.org
 Washington Women Empl/Edu Kent 253-859-3718
 Washington Women in Need 425-451-8838
<http://www.wawomeninneed.org/>

Mosques in the Puget Sound Area

* [AbuBakr Islamic Center](http://www.abubakrcenter.org) 206-214-0200
 * [Dar Al-Arqam](http://www.daral-arqam.com) 425-774-8852
 * [Downtown Muslim Association](http://www.downtownmuslim.org)
 * [Everett MCC Masjid Al Ukhuwah](http://www.everettmcc.org)
 500 SE Everett Mall Way, # B110
 * [IECS- Ershad](http://www.ics-erashad.org) 206-428-1970
 * [Islamic Center Bothell](http://www.islamiccenterbothell.org) 512-222-6996
 206-235-8969
 * [Islamic Center Eastside](http://www.islamiccentereastside.org) 425-746-0398
 * [IMAN Islamic Center](http://www.imanislamiccenter.org) 206-202-IMAN
 * [Islamic Center of Kent](http://www.islamiccenterkent.org) 253-850-2260
 * [Islamic Center of Lacey](http://www.islamiccenterlacey.org) 360-257-1273
 * [Islamic Center of Shoreline](http://www.islamiccenterofshoreline.org)
 206-365-3350
 * [Islamic Center of Tacoma](http://www.islamiccenteroftacoma.org)
 253-565-0314
 * [International Islamic House MSA](http://www.internationalislamichouse.org)
 * [Idris Mosque](http://www.idrismosque.com) 206-363-3013
 * [Masjid-Al-Karim](http://www.masjid-al-karim.org) 206-380-8826
 * [Masjid Ar Rahmah](http://www.masjid-ar-rahmah.org) 425-861-9555
 * [Omar Al Farooq Masjid](http://www.omaralfarooq.com) 425-776-6162
 * [Redmond Mosque](http://www.redmondmosque.com) 425-895-9147
 * [Sammamish Mosque](http://www.sammamishmosque.com) 425-440-9936
 * [Zainab Center](http://www.zainabcenter.org) 425-776-3013

Emergency Resource Guide
 Helping Muslims in Seattle Area

* **Community Resources & Assistance**
 call 211 for Intake or assistance
www.win211.org

This resource guide will help you in your search for information when seeking housing, medical, dental clinics, family aid, and or general assistance.

***Be prepared in the event of a disaster!**

<http://makeitthrough.org/>

* **Community Services Helplines**

Emergency Crisis call 911

Information: call or click on 211

<https://www.washingtonconnection.org/> sign up for [food, housing assistance, aid](http://www.washingtonconnection.org/)

***King County Information Lines 206-461-3200**
1-800-621-INFO / 1-800-621-4636

Pierce County United Way Help Line
 1-800-572-4357/1-877-211-9274

Snohomish County Info line
 425-258-4227 / 1-800-223-8145

***King County Crisis Clinic 206-461-3222**
www.crisisclinic.org **1-866-4CRISIS (427-4747)**

Pierce County Crisis Line 1-800-576-7764
 Snohomish County Crisis Line 425-258-4357

For Statewide information go to: www.win211.org

* **Social Service Agencies** per resources available

[Al Sadaqa www.alsadaqa.org/](http://www.alsadaqa.org/) 1-866-693-3233

[EACS http://eastafricans.org/](http://www.eastafricans.org/) 206-721-1119

Islamic local Information 206-675-2672

[Islamic Information http://www.islamicfinder.org/](http://www.islamicfinder.org/)

[MCRC www.mcrorseattle.org](http://www.mcrorseattle.org/) send e-mail

[Muslim Housing Services \(transitional\)](http://www.muslimhousing.org/)

www.mhs-home.org 206-723-1712

[Somali Com. Services Coalition](http://www.somalicom.org/) 206-431-4151

* **Presentation Centers**

[IPIC www.ipicseattle.org](http://www.ipicseattle.org/) 206-361-8899

[Why Islam http://whyislam.org](http://www.whyislam.org/) 1-877-why-islam

*** Civil Rights / Organizations / Services**

ACLU www.aclu-wa.org 206-624-2184
Arab American www.theaacc.org 206-634-9001
[Asian Pacific/ Islander Chaya](http://www.asianpac.org) 206-325-0325
[Bosnian Islamic](http://www.bosnianislamic.org) Center Shoreline 206-365-3350
CAIR [CAIRSeattle](http://www.CAIRSeattle.org) 206-367-4081
EACS E.African Community Svcs 206-721-1119
Horn of Africa www.hoas.org 206-760-0550
ICNA <http://www.icnarelieff.org/mfs/>
[Interfaith Community Sanctuary](http://www.interfaithcommunitysanctuary.org) 206-783-1618
Institute for Sufi Studies 206-954-5546
Iraqi Community Center SW Youth 206 937-7680
King County Office Civil Rights 206-296-7592
Muslim American Soc. <http://www.maseattle.org/>
NAACP 206-324-6600
<http://seattlekingcountynaacp.com/>
One America 206-723-2203
www.wearoneamerica.com
Peaceful [Families Task Force](http://www.families.org) 206-568-7576
<http://www.pakistanseattle.com/> 425-868-6695
<http://www.povertyaction.org/Home/index.cfm>
Refugee Federation Services 206-725-9181
REWA [Refugee Women's Alliance](http://www.refugeewomen.org) 206-721-0243
Seattle Office of Civil Rights 206-684-4500
Solid Ground [//solid-ground.org](http://www.solid-ground.org) 206-694-6700
[Somali Community Services](http://www.somali.org) 206-431-5141
Somali News [http://runtanews.com](http://www.runtanews.com)
United African PAC [http://uapac.org/](http://www.uapac.org/)
[Urban League](http://www.urbanleague.org) 206-461-3792
[Veterans WA St](http://www.veterans.org) 1-800-562-2308/ 206-220-6145
*** Financial Assistance** call 211 \$\$ Assistance
[Centerstone](http://www.centerstone.org) (utilities, helpline) 206-812-4940
Hope-link [emergency services](http://www.emergency-services.org) 425-869-6027
[http://hope-link.org/](http://www.hope-link.org/) info 425-869-6000
[Multi-Service Center](http://www.multi-service-center.org) 253-838-6810
Project Share (utilities help) 206-684-0268
[Salvation Army](http://www.salvationarmy.org) (Shelter also) 206-447-9944
St Vincent De Paul <http://www.svdpsseattle.org/>
*** Food Banks** call 211 or 206-461-3200
NW Harvest 1-800-722-6924
DSHS [http://foodhelp.wa.gov/basic_food.htm](http://www.foodhelp.wa.gov/basic_food.htm)
*** Volunteer Opportunities**
<http://www.volunteersolutions.org/uwkc/volunteer>
*volunteering often leads to a job opportunity

*** Domestic Violence Assistance** call 211

Child / Adult Abuse 1- 866-363-4276
Child Protective Services 1-800-562-5624
DV Services of Sno County 425-252-2873
CHAYA www.chayaseattle.org 1-877-92-CHAYA
Crisis Clinic 206-461-3222 / 1-866-427-4747
www.crisisclinic.org
D.A.W.N. Crisis Help 425-656-7867
<http://www.dawnonline.org/>
DV Hotline Washington State 1-800-562-6025
[LifeWire Eastside DV](http://www.lifewire.org) 1-800-827-8840
New Beginings 206-522-9472
Pathways for Women counsel 425-774-9843
South CountyYWCA Arabic 425-226-1266#1017
*** Dental Clinics Lower Income**
Central Area Clinic 206-461-7801
Georgetown Clinic 206-461-6943
Downtown Dental Clinic 206-205-0577
Eastgate Dental Clinic 206-296-9726
45th Street Clinic 206-633-3350
ICHS <http://www.ichs.com/>
[Public Health Dental Clinics](http://www.publichealth.org) (N) 206-205-8580
*** Eye Exams**
Eye Care America (Elderly 65+) 877-887-6327
Eye Association NW 206-215-2020
Infant See <http://www.infantsee.org/>
Lion's Low Vision Clinic 206-364-2977
Vision USA <http://www.aoa.org/visionusa.xml>
*** Health Care Clinics & Providers**
* > **Oct 2013** <http://wahealthplanfinder.org/>
Al-Shifa clinic [http://alshifaclinic.org/](http://www.alshifaclinic.org/)
Children's Hospital 206-987-2000
Breast/ Cervical /Colon Clinic 1-800-756-5437
***Community Health Access** 206-284-0331
Community Health Care (CHC Clinics)
www.chpw.org 1-800-440-1561
CSO (DSHS) Medical help 1-877-501-2233
45th Street Clinic 206-633-3350
Harborview 3rd Ave Clinic 206-521-1231
Hope-link (Clinic) Sat 9 AM 425-943-7555
International ICHS <http://www.ichs.com/>
Odessa Clinic (children 206-987-7200
Overlake Outpatient 425-688-5111
Pioneer Square Clinic 206-521-1750

*** Housing Emergency Shelters (Homeless)**

For intake call 211 or 1-800-621-4636
Congregations for the Homeless-M 425-749-8369
Compass <http://www.compasshousingalliance.org/>
DESC 206-464-1570
Seattle (CCS) 206-323-6336
Sacred Heart (families,women,ch) 206-285-7489
Salvation Army M 206-621-0145
Women's Referral Center (6-8PM) 206-770-0156
YMCA Emergency Services 206-568-7841
<http://www.ywcaworks.org/page/12/>
*** Housing Transitional Intake: call 211**
Catholic Community Services/Plym 206-652-8325
www.ccsww.org (AHA)
Hope-link (Eastside & North help) 425-556-9289
<http://www.hope-link.org/>
Pathways for Women 425-774-9843
*** Permanent Housing Low Income intake: 211**
[Bellwether Housing](http://www.bellwetherhousing.org) 206-623-0506
Capital Hill Housing (CHHIP) 206-329-7303
Everett Housing Authority 425-258-9222
www.evha.org Sno Co Hous 425-290-8499
www.HousingSearchNW.org 1-877-428-8844
Housing Resource Group 206-622-2893
Housing Search NW [http://housingsearchnw.org/](http://www.housingsearchnw.org/)
IDHA <http://www.apialliance.org/>
ImagineHousing <http://www.sahg.org> 425-576-5190
KingCounty Housing www.kcha.org 206-214-1300
[Low Income Housing Institute](http://www.LowIncomeHousingInstitute.org) 206-443-9935
[Pierce County Housing Authority](http://www.PierceCountyHousingAuthority.org) 253-620-5400
Renton Housing Authority 425-226-1850
www.rentonhousing.org
Seattle Housing Authority 206-239-1600
www.seattlehousing.org
SHAG (seniors) <http://www.housing4seniors.com/>
Tacoma Housing <http://www.tacomahousing.org/>
*** Public Transportation**
CommunityTransit 425-353-RIDE/1-800-562-1375
<http://www.commttrans.org/>
Metro 206-553-3000 /1-800-542-7876
[http://metro.kingcounty.gov/](http://www.metro.kingcounty.gov/)
Pierce Co.Transit 253-581-8000 /1-800-562-8109
<http://www.piercetransit.org/>
SoundTransit [http://soundtransit.org/](http://www.soundtransit.org/) 1-888-889-6368